

Community Health Assessment

Omar Gambito, Director of Community Health Outreach and Education

About this time every year, I get a reminder call from Dr. Emman’s office to get my labs done. I have a needle phobia, so I always cringe at the thought. The results help me prioritize and recommit focus on what needs work. The Community Health Needs Assessment (CHNA), much like getting your labs, helps us to understand the health of our community and focus on evidence-based methods to improve it.

To carry out the CHNA, we collect data from multiple reliable national, state, and county sources. We also conduct community surveys, listening sessions, and interviews. This vital

public input helps us to identify key drivers of area health. Next, we present data at community focus groups to prioritize our areas of greatest need. Your feedback gives us a better understanding of the conditions impacting our community. The CHNA then guides an improvement plan.

The CHNA doesn’t only guide our collaborative work in the community, it also serves as a valuable tool for our community partners. Amy Norton, Director of Health Services of the Yakima School Districts, said the CHNA is useful to identify needs and barriers, as well as to secure grant funding:



Three years ago, the CHNA identified access to care, health equity, and behavioral health as the community’s top health priorities. Your assistance with the CHNA lets us keep our finger on the pulse of the community and ensure its ultimate wellness.

A community health assessment is a systematic examination of the health status indicators for a given population that is used to identify key problems and assets in a community. The goal is to develop strategies to address the community’s health needs and identified issues. Community health assessment is a prerequisite for tribal, state, local, or territorial public health departments seeking voluntary accreditation. A variety of tools and processes may be used to conduct a community health assessment; the essential ingredients are community engagement and collaborative participation.

Data obtained on health status and community health needs and assets during a community health assessment can be used in an HIA to describe the existing health status of the affected population. This assessment is conducted every three years, and Yakima Valley Memorial is finalizing the 2022 report now. You can view the 2019 version by searching for CHNA on yakimamemorial.org.

COMPASS CARE

Dear Hospice,

“At first, I fought against hospice care, even though my doctor said I was terminal. After five days in the hospital, I came home to die. Memorial’s Compass Care team came to my home and got me all set up. I started to improve! Although my doctor estimated I had six months to live, I can now walk without a walker or cane, and I can drive my own car! I use oxygen from time to time but can go several hours without it now. I sure don’t feel like I am dying, and I credit



this to the wonderful hospice team: Nicole, Jessica, Belinda, and Dan, the chaplain. They shared a little of their hearts with me, and my heart seemed to grow stronger. They are all angels on earth, and I love them. Thank you so much for everything!”

– Jack, a grateful patient

Last year, 310 patients like Jack benefitted from in-home visits from trained hospice volunteers. Do you want to help? Volunteer opportunities at Compass Care include: in-home companionship and respite visits, medication delivery, office work support, hospice quilters group, Paws 2 Heart, bereavement support, and kitchen, or welcome desk support at Cottage in The Meadow. For more information, call (509) 574-6745 or email jennifermccargardavis@yvmh.org.

Passion for the Village

A very heartfelt thanks to all who made the annual dinner/auction a great success this year!

Your generosity raised more than \$340,000 for Children’s Village programs and services!



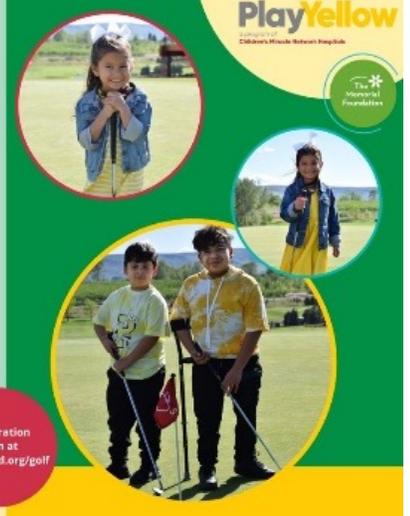
GOLF TO GIVE CLASSIC

SEPTEMBER 16, 2022
APPLE TREE RESORT

LUNCH | 12:00 PM
SHOTGUN START | 1:00 PM



Registration open at memfound.org/golf



PlayYellow
Children's Village Network Programs



CHILDREN'S HEALTH

Parent-to-Parent Program at Children's Village

The Yakima County Parent-to-Parent program is provided by Yakima Valley Memorial through Children's Village.

"Last summer my 5-year-old son was diagnosed with autism at Children's Village. I wanted support and a community with people who really understand the multitude of emotions and stress as my husband and I navigate all that comes with a new diagnosis. The Holland class was exactly what I was looking for with kind, supportive people. The instructors and a small group of other parents understood what my experience was like when I talked about my challenges as a parent of a neurodiverse child. They also celebrated with me as they know all the time and effort that goes into each success. I benefited so much from the Holland class that I have already recommended this class to another parent who might also be looking for some support and encouragement as they raise their own child with special needs."

- **Sally Wells**

Thank you for your donations that make this and other children's health programs possible!

CANCER CARE

Lymphedema Garments and Equipment

Lymphedema affects many different patients, limiting their mobility and causing pain. Manual treatment is necessary to reduce the buildup of lymph fluids. Through our generous community, Memorial Foundation funds compression garments and devices to help patients use them.

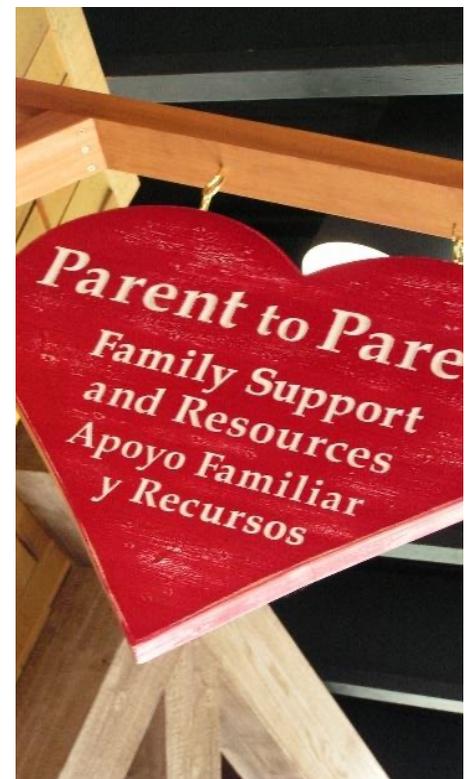
The need is great. Because the garments wear out and must be replaced, this year we have committed \$140,000 for this program.

One patient received garments that allow her to remain comfortable while being treated for active cancer.

Another patient received adaptive garments that she is able to manage despite limitations in range of motion and strength due to arthritis in her hands.

Many individuals have been able to start taking better care of their skin after receiving moisturizing creams and lotions and antifungal products that they could not afford. This promotes healing of the tissue and decreases risk of infection.

Thank you for giving us the means to provide tools for our patients to optimize their success in caring for themselves and managing chronic conditions.



A Gift that Echoes Across the Valley

Your gift to the Memorial Foundation affects countless lives and future generations. A healthier today is a happier tomorrow. Please consider Memorial Foundation as part of your legacy. For information on including the Memorial Foundation in your will, visit our website:

memfound.org/get-involved/ways-to-give

